

Parlez français dès le premier jour

Episode 1 — Speak French from Day One: your first real conversation

Dans cet épisode

Camille and Leo take you from zero to your first real French conversation. You learn the three greetings (bonjour, bonsoir, salut), how to say your name with je m'appelle, how to ask someone's name, how to say where you are from, the four "magic words" of French politeness, the everyday ça va exchange, rescue phrases for when you don't understand, and the two sounds that make you sound French — nasal vowels and the French R.

Ce que contient ce PDF

- Salutations — greetings for every moment of the day
- Se présenter — names, origins, where you live
- La politesse — the four magic words
- La survie — ça va, rescue phrases, pronunciation keys
- Exercices — say it, write it, live it

Vocabulaire essentiel

Episode 1 — the words from the episode, French → English

Salutations — Greetings

Bonjour	Hello / good morning (all day)
Bonsoir	Good evening (after ~6 pm)
Salut	Hi / bye — informal only
Bonne journée	Have a good day
Bonne soirée	Have a good evening
À bientôt	See you soon
Au revoir	Goodbye (until we see each other again)

Se présenter — Introducing yourself

Je m'appelle ...	My name is ... (I call myself)
Comment tu t'appelles ?	What's your name? (informal)
Enchanté / Enchantée	Delighted (m / f — sounds the same)
Tu viens d'où ?	Where are you from?
Je viens de ...	I come from ...
Je viens d'Inde	I come from India
J'habite à ...	I live in ...

Politesse & survie

Episode 1 — politeness and everyday survival phrases

La politesse — The four magic words

S'il te plaît	Please (informal)
S'il vous plaît	Please (formal)
Merci / Merci beaucoup	Thank you / thanks a lot
Excuse-moi / Excusez-moi	Excuse me (informal / formal)

La survie quotidienne — Everyday survival

Ça va ?	How's it going? / how are you?
Ça va bien, merci	I'm well, thank you
Et toi ?	And you?
Je ne comprends pas	I don't understand
Parlez-vous anglais ?	Do you speak English?

Le coin prononciation — Pronunciation keys

- Nasal vowels: let the air buzz through your nose — bon, vent, temps, enfant.
- The French R: soft, from the back of the throat — Paris, merci, au revoir.
- Trap to avoid: never say “je suis bien” for “I’m fine” — say ça va bien.

Exercices

Episode 1 — say it, write it, live it

1 — À voix haute (say it out loud)

1. Say all three greetings: bonjour, bonsoir, salut — twice, faster the second time.
2. Say “je m’appelle” + your name, three times.
3. Say “je viens de” + your country, then “j’habite à” + your city.
4. Run the four magic words: s’il vous plaît, merci beaucoup, excusez-moi, au revoir.

2 — Mini-dialogue (écris-le / write it)

Fill in your own answers, then read the whole exchange aloud:

- Bonjour ! Je m’appelle Camille. Comment tu t’appelles ?
- Salut ! Je m’appelle Enchanté(e) !
- Enchanté(e) ! Tu viens d’où ?
- Je viens d..... . J’habite à
- À bientôt ! Bonne journée !

3 — Mission du jour (today’s mission)

Have one French moment today: greet someone — or your mirror — with a confident “Bonjour !” Small reps, every day. À bientôt !